

SOCIE



.....my experience and tips to maximise outcomes

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Me, Research, Aspirations

- 3 years lecturing at University of Nottingham
- PhD post-doc at University of Liverpool
- Research "manufacturing"; lasers, precision engineering, coatings, aerospace, additive manufacture.....
- International collaboration is key.
- Where better than Japan to seek collaboration in my field?! [U of Okayama and U of Tokyo]

Timeline (with U of Tokyo)



Building a Network i)



•Think big and think long term! •Your host may have an existing research network. Exploit this **AND** reciprocate. •Make the effort to travel. •Do your reading.

Google Images

Building a Network ii)

- •Be cautious.....there is a protocol, take advice on this.
- •Understand what you can offer to the network....."be stronger together".
- •Don't over commit and under deliver.
- •Get involved with the JSPS alumini, consult JSPS London office.
- •Invest in people.
- •Set goals beyond scope of fellowship

Maximise the Output

•Make a plan, this is also useful for

your report. Keep a log.

- •Have a presentation ready before you leave.
- •Remember business is also done outside the office
- •Get written up there and then, be ready for the next steps.



Work Life



People



Socialise



Food



Culture

Maintaining a link

- •The fellowship/visit is just a start.
- •Like any relationship it takes work to keep activities going.
- •Set aside time to communicate.
- •Arrange to meet at conferences.
- •Exchange students, not just about the first contacts.
- •Seek opportunities to expand.

Stuff I enjoyed doing

- Shinkansen Bullet train
- Edo-Tokyo Museum
- Kabuki (Japanese theatre)
- Sumo Wrestling
- Onsen Hot spring spa
- Ryokan Traditional style guest house
- Temples.....





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