



Overview of JSPS and Preparing for Your Research Trip

Koji Yasuhara

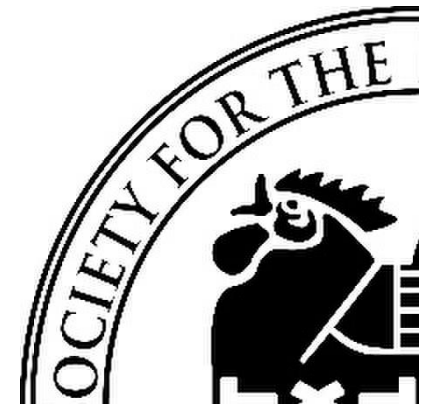
**Deputy Director
JSPS London**

July 2022



Japan Society for the Promotion of Science 日本学術振興会 = JSPS = Gakushin

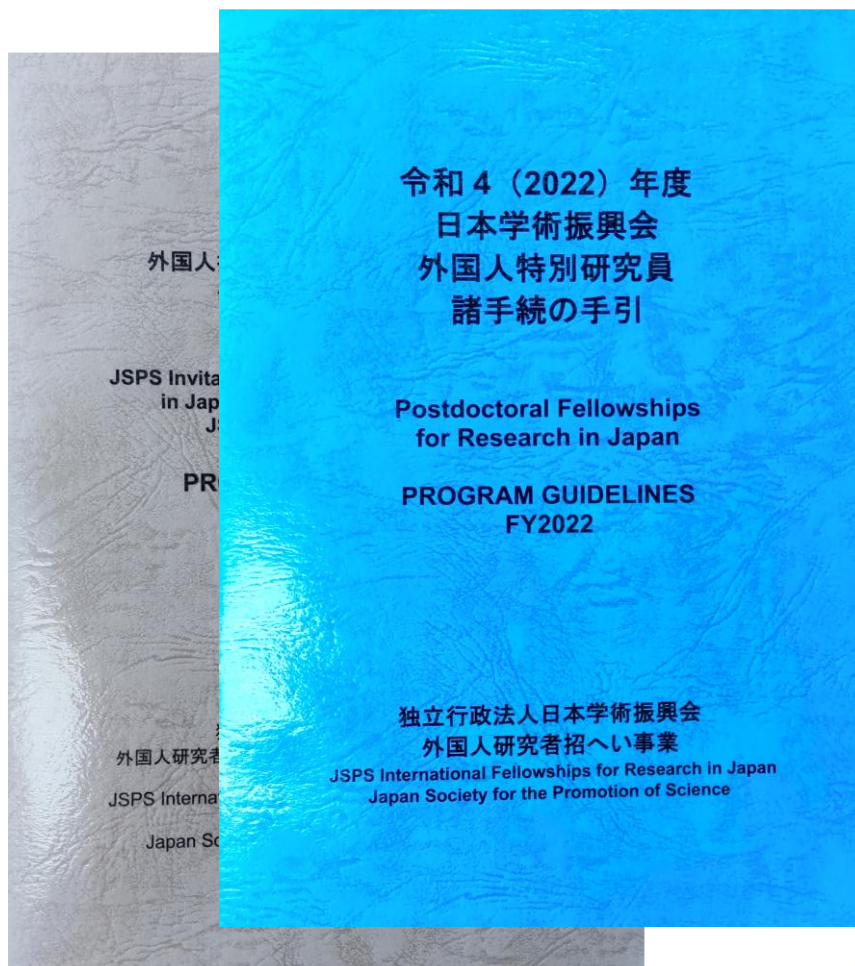
- Established through an endowment by Emperor Showa in 1932



Rooster:
Harbinger of new knowledge that
promises a brilliant future for
humankind.

Have you read?

Programme Guidelines



“Life in Japan”



https://www.jsps.go.jp/english/e-plaza/51_lifeInJapan.html

The current entry requirements

- ✓ **Have you applied for a visa?**
 - The visa application process must be initiated by the host institution as the sponsor in Japan using the Entrants, Returnees and Follow-up online System (ERFS)



You need 受付済証 for the visa application (A certificate for completion of Registration to the ERFS)

Applying for a visa is your personal responsibility!

VISA: Embassy of Japan in the UK

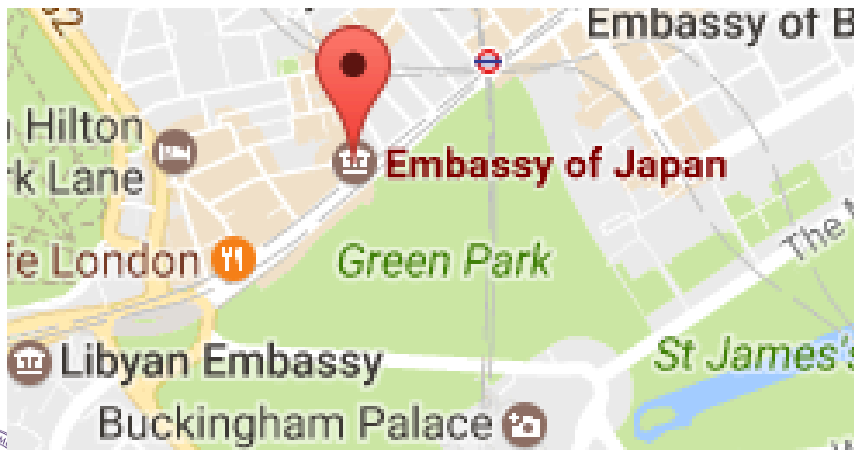
Visa Section at Embassy of Japan in the UK, London

Tel: 020 7465 6565

<http://www.uk.emb-japan.go.jp/>



near Green Park
underground station



Note:

For applicants in Scotland and the part of North of England, please contact the Consulate-General of Japan in Edinburgh

Preparation: before departure

- Take an approved COVID-19 test within 72 hours before your flight



- Sign a written pledge

- Complete an online health questionnaire.

- ✓ please refer to the GOV.UK website

<https://www.gov.uk/foreign-travel-advice/japan/entry-requirements>



Residents Card

Residency management system (from 9 July 2012)

- Fellows who will stay in Japan for 3 months or longer



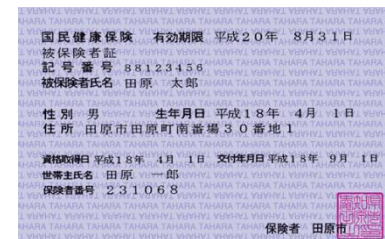
- ✓ A resident card will be issued at the airport.
- ✓ You must take the card to a municipal office and notify it of your address within 14 days of the residency being determined.

Immigration Bureau of Japan

http://www.immi-moj.go.jp/newimmiact_1/en/

National Health Insurance

- Fellows who will stay in Japan for 3 months or longer are obliged to join the national health insurance program.
- The insurance covers 70% of all medical expenses. You have to pay the rest, but it will be covered by another private insurance provided by JSPS from NipponKoa.
- Application for enrollment in the program is made at your local municipal office.
- Allowances of JSPS fellowship $\neq$ Salary



National Health Insurance Card

Medication

Prescription medicines:

You are normally allowed to bring in up to one month's supply.

Check information web pages.

NHS : <https://www.nhs.uk/>

NaTHNaC: <https://travelhealthpro.org.uk/>

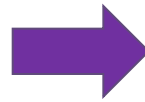
- ✓ If you need prescription medicine for long-term use, you may need to provide extra paperwork, such as an import licence. Please check Japan's Ministry of Health, Labour and Welfare website.

<https://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html>



Preparation against natural disasters

- (1) Protecting yourself
- (2) Taking refuge



“Be prepared in advance”
“Don’t panic”

Useful information:

- Local government's website
- Please ask in advance your host researcher and institution how to evacuate and contact them in case of an emergency.
- NHK World (Live program in case of emergency)

<https://www3.nhk.or.jp/nhkworld/>

Tips: Living in harmony

Good Manner

On the train



On the road



歩きタバコ
禁止
No Walk Smoking



NO TEXTING WHILE WALK

In your place



Noise

Living in harmony

Rubbish collection



Follow up services

JSPS-Net

<https://www.jsps-net.jsps.go.jp/>



The screenshot shows the homepage of the JSPS Researchers Network. The header features the JSPS logo and the title "JSPS Researchers Network". Below the header is a navigation bar with links for "Top", "Home", "News", and "Groups". On the left side, there is a sidebar with links for "Login", "Register", "About us(English)", "Features & QuickGuide (English)", "About us(Japanese)", and "Features & QuickGuide (Japanese)". The main content area displays a large banner with the text "Be connected!! Researchers of the World" and "JSPS supports the building of vibrant networks among researchers playing active roles in". Below the banner, there is a section titled "(JSPS Researchers Network (JSPS-Net) is now open !)" with a paragraph of text and a link to "Join for free". At the bottom, there are two icons: "Community" (a globe with people) and "Event page" (a person at a podium).

Enjoy your stay in Japan!



JSPS London

14 Stephenson Way, London, NW1 2HD, United Kingdom
+44 (0)20 7255 4660 lon-info@overseas.jsps.go.jp

JSPS Tokyo:

Postdoctoral Fellowship: gaitoku@jsps.go.jp

Invitation Fellowship: invitation@jsps.go.jp

Summer Program: summer@jsps.go.jp

